

## I.V. Sedation Instructions for Adults

### Pre-Op Instructions for Patient and/or Responsible Adult

- Must be accompanied by a responsible adult
- Responsible adult driver needed to and from the office
- No solid food, milk, or liquids after 12:00 midnight**
- No chance of pregnancy
- Do not wear contact lenses, jewelry or watches
- Wear comfortable, loose clothing

### Post-Op Instructions for Patient and/or Responsible Adult

- Take all regular or prescribed medications as outlined by Physician or Dentist
- No alcohol for 24 hours post-surgery
- No driving for 24 hours post-surgery
- Drink plenty of clear liquids
- Must have responsible adult drive patient home and observe recovery
- You may resume normal activity the following day

I.V. Sedation is helpful for the dental patient. Most patients experience a less stressful appointment and tend to not remember the details. Time spent in the office seems to be condensed and perceived as more pleasant. Please let us know if you have any questions regarding your I.V. sedation and your dental care.

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